References for Colostrum Use in People

The Saskatoon Colostrum Company Ltd. is proud of our strong research and academic background. If you are interested in bovine colostrum use in humans and want to learn more, here are some journal articles that we have referenced on our website.

1. **Antonio, J, Sanders MS, and Van Gammeren D** 2001 The Effects of Bovine Colostrum Supplementation on Body Composition and Exercise Performance in Active Men and Women. Nutrition 17(3) 243-247


